

# BLS INSECT STING ALLERGY ACTION PLAN

PLACE  
STUDENT'S  
PICTURE  
HERE  
RIGHT CLICK ON THIS BOX  
CHOOSE "REPLACE IMAGE"  
AND REPLACE  
WITH ONE FROM YOUR FILES

Name: \_\_\_\_\_

D.O.B.: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Allergy to: \_\_\_\_\_

Asthma: Yes \_\_\_\_ (higher risk for a sever reaction. No \_\_\_\_\_

## (THIS SECTION TO BE DEDERMINED BY PHYSICIAN AUTHORIZING TREATMENT)

• <b>If a bee sting has occurred, but no symptoms</b>	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• <b>Site of sting:</b> swelling, redness, itching	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• <b>Skin:</b> itching, tingling, or swelling of lips, tongue, mouth	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• <b>Stomach:</b> nausea, abdominal cramps, vomiting, diarrhea	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• <b>Throat</b> Tightening of throat, hoarseness, hacking cough	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• <b>Lung</b> Shortness of breath, repetitive coughing, wheezing	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• <b>Heart</b> Thready pulse, low blood pressure, fainting, pale, blueness	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• <b>Mouth</b> If a bee sting has occurred, but no symptoms	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine
• <b>Reaction is progressing (several of the above areas are affected)</b>	<input type="checkbox"/> Epinephrine	<input type="checkbox"/> Antihistamine

**The severity of symptoms can quickly change**

## MEDICATIONS

Epinephrine (brand and dose): \_\_\_\_\_

Antihistamine (brand and dose): \_\_\_\_\_

Other (e.g., inhaler-bronchodilator): \_\_\_\_\_

Prescriber Name/Title: \_\_\_\_\_ phone: \_\_\_\_\_

**PRESCRIBER SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

## SELF-CARRY/SELF ADMINISTRATION OF EMERGENCY MEDICATION AUTHORIZATION

Prescriber's authorization for self-carry/self-administration of emergency medication:

**PRESCRIBER SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

School RN approval for self-carry /self-administration of emergency medication:

RN signature: \_\_\_\_\_ Date: \_\_\_\_\_

*I agree to the above plan, and agree that school health personnel and my child's physician or staff may discuss this plan if there are questions.*

**Parent/Guardian Signature** \_\_\_\_\_ Date \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

***This form MUST be signed by a licensed health care provider***