DISCRETIONARY MEDICATION DOSAGE PROTOCOL

- 1. Check parent consent form for signature and ascertain that the indicated medication has parental approval.
- 2. Obtain student's current weight, as indicated.
- 3. Check medication taken within past 24 hours.
- 4. Administer Discretionary Medication according to the following dosages, using age or weight as appropriate.

Acetaminophen

For use with Burn, Dysmenorrhea, Dental/Oral Discomfort, Ear Discomfort, Musculoskeletal, Headache, Respiratory Infection, and Wound Protocol.

Children's Chewable Acetaminophen Tablets (80mg)

3 years	30-35 pounds	2 tablets (160mg)
4-5 years	36-47 pounds	3 tablets (240mg)
6-8 years	48-59 pounds	4 tablets (320mg)
9-10 years	60-71 pounds	5 tablets (400mg)
11-12 years	72-95 pounds	6 tablets (480mg)

Children's Liquid Acetaminophen (Alcohol Free) – 1 teaspoon (tsp) = 160mg

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3 years	30-35 pounds	1tsp (5cc) 160mg
4-5 years	36-47 pounds	1 ½ tsp (7.5cc) 240mg
6-8 years	48-59 pounds	2tsp (10cc) 320mg
9-10 years	60-71 pounds	2 ½ tsp (12.5cc) 400mg
11-12 years	72-95 pounds	3tsp (15cc) 480mg

Adult Acetaminophen Tablets (325mg)

6-11years	48-95 pounds	one-half to one tablet
12 years & over	95 + pounds	one to two tablets

Dosage may be repeated in 4 hours as needed

Ibuprofen

For use with Musculoskeletal Injury, Dysmenorrhea, Headache, and Wound Protocol.

Ibuprofen: for ages 12 year and older except for Dysmenorrhea where the age is 9 years and older.

Ibuprofen Tablets: 200mg

9-10 years 1 tablet (200mg)

11 years & older 1 or 2tablets (200-400mg)

Check time of previous intake – Ibuprofen may not be taken on an empty stomach and avoid use during an asthma attack.

Dosage may be repeated in 6 hours as needed.

Diphenhydramine

For use with Allergic Reaction, Anaphylaxis, and Insect Sting Protocol.

Note: Dosage may be reduced at nurse's discretion.

Diphenhydramine Elixir (5cc = 12.5mg)

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25-39 pounds	5cc (12.5mg)
40-60 pounds	10cc (25mg)
61-99 pounds	15cc (37.5mg)
100 + pounds	20cc (50mg)

Diphenhydramine Capsules/Tablets 25mg

40-99 pounds 25mg (one capsule/tablet) 100 pounds & over 50mg (two capsules/tablets)

Dosage may be repeated in 6 hours as needed

Important: Note warning statement on Diphenhydramine bottle for contradictions. Avoid administration if student will be driving a motor vehicle, riding a bicycle home, or operating machinery within four hours of dosage. Avoid using during asthma attacks.

For use with Abdominal Discomfort Protocol
5-11 years One Tablet
12 years and over Two Tablets
Dosage may be repeated every 6 hours as needed

Cough Drops

1 every two hours as needed